

PRIVATE LESSONS

MONDAYS

4:30pm-5:00pm x5
5:00pm-5:30pm x6
5:30pm-6:00pm x5
6:00pm-6:30pm x5
6:30pm-7:00pm x5
7:00pm-7:30pm x5
7:30pm-8:00pm x5
8:00pm-8:30pm x9

TUESDAYS

4:30pm-5:00pm x5
5:00pm-5:30pm x5
5:30pm-6:00pm x5
6:00pm-6:30pm x5
6:30pm-7:00pm x5
7:00pm-7:30pm x5
7:30pm-8:00pm x9

WEDNESDAYS

4:30pm-5:00pm x5
5:00pm-5:30pm x5
5:30pm-6:00pm x5
6:00pm-6:30pm x5
6:30pm-7:00pm x5
7:00pm-7:30pm x6
7:30pm-8:00pm x6
8:00pm-8:30pm x9

THURSDAYS

4:30pm-5:00pm x5
5:00pm-5:30pm x5
5:30pm-6:00pm x5
6:00pm-6:30pm x5
6:30pm-7:00pm x6
7:00pm-7:30pm x5
7:30pm-8:00pm x9

SATURDAYS

9:00am-9:30am x5
9:30am-10:00am x5
10:00am-10:30am x5
10:30am-11:00am x5
11:00am-11:30am x5
11:30am-12:00pm x5
12:00pm-12:30pm x5
12:30pm-1:00pm x9

ADAPTED LESSONS

Adapted lessons will be running Friday evenings from 4:30-8:00PM. There is a maximum of 7 children per timeslot. To register, visit bgcdurham.com/register on May 25 to secure your spot. \$236

AQUATIC LEADERSHIP



Jr Lifeguard

Thursdays 6:00pm-6:45pm
Must have passed Level 5

Bronze Star \$145

Mondays 7:00pm-8:00pm
Wednesdays 7:00pm-8:00pm
Saturdays 11:30am-12:30pm

Bronze Medallion & Emergency First Aid \$220

Tuesdays 4:30pm-7:30pm
Saturdays 9:00am-12:00pm

Bronze Cross & Standard First Aid \$295

Tuesdays 4:30pm-7:30pm
Saturdays 9:00am-1:00pm

National Lifeguard \$340

Thursdays July 9-August 27
5:00-9:30pm

Fitness Swim \$92

Tuesdays
6:45pm-7:30pm

National Lifeguard Recert \$90

Thursday August 27
5:00pm-9:00pm

Swim Instructor \$260

Friday June 12-Sunday June 14
Friday 5:00pm-9:30pm
Saturday-Sunday 9:00am-5:30pm

Friday August 21-Sunday August 23

Friday 5:00pm-9:00pm
Saturday-Sunday 9:00am-5:00pm

Assistant Instructor \$150

Saturday July 18 9-4pm
Sunday July 19 9-4pm

Must be 14 years of age and have Bronze Cross



SUMMER 2026 AQUATICS BROCHURE



REGISTER AT

WWW.BGCDURHAM.COM/REGISTER

Registration Opens May 25, 2026 at 9am



433 EULALIE AVE, OSHAWA L1H 2G6
(905) 728-5121



(AGES 6-12)

LEVEL 1

Mondays

4:30pm-5:00pm
6:00pm-6:30pm
7:00pm-7:30pm
7:30pm-8:00pm

Tuesdays

4:30pm-5:00pm
5:30pm-6:00pm
6:30pm-7:00pm
7:00pm-7:30pm

Wednesdays

4:30pm-5:00pm
6:00pm-6:30pm
7:00pm-7:30pm

Thursdays

4:30pm-5:00pm
6:00pm-6:30pm
7:00pm-7:30pm

Saturdays

9:00am-9:30am
10:00am-10:30am
11:00am-11:30am
12:00pm-12:30pm

LEVEL 4

Mondays

4:30pm-5:15pm

Tuesdays

4:30pm-5:15pm

Wednesdays

6:15pm-7:00pm

Thursdays

6:45pm-7:30pm

Saturdays

10:45am-11:30am

LEVEL 2

Mondays

5:00pm-5:30pm
6:30pm-7:00pm
7:30pm-8:00pm

Tuesdays

5:00pm-5:30pm
6:00pm-6:30pm
7:00pm-7:30pm

Wednesday

4:30pm-5:00pm
5:30pm-6:00pm
6:30pm-7:00pm
7:30pm-8:00pm

Thursdays

5:00pm-5:30pm
6:30pm-7:00pm

Saturdays

9:30am-10:00am
11:30am-12:00pm

LEVEL 5

Mondays

6:15pm-7:00pm

Tuesdays

5:15pm-6:00pm

Thursdays

4:30pm-5:15pm

Saturdays

9:00am-9:45am

LEVEL 3

Mondays

5:30pm-6:00pm
7:00pm-7:30pm

Tuesdays

4:30pm-5:00pm
6:30pm-7:00pm

Wednesdays

5:00pm-5:30pm
7:30pm-8:00pm

Thursdays

4:30pm-5:00pm
6:00pm-6:30pm
7:00pm-7:30pm

Saturdays

10:00am-10:30am
12:00pm-12:30pm

LEVEL 6

Mondays

5:15pm-6:00pm

Tuesdays

6:00pm-6:45pm

Thursdays

5:15pm-6:00pm

Saturdays

9:45am-10:30am

SWIM PRESCHOOL (AGES 3-5)

PRESCHOOL 1

Mondays

4:30pm-5:00pm
6:30pm-7:00pm

Tuesdays

4:30pm-5:00pm
5:30pm-6:00pm

Wednesdays

4:30pm-5:00pm
6:30pm-7:00pm

Thursdays

5:00pm-5:30pm
6:30pm-7:00pm

Saturdays

9:00am-9:30am
10:30am-11:00am

PRESCHOOL 4

Mondays

6:00pm-6:30pm

Saturdays

11:00am-11:30am

PRESCHOOL 2

Mondays

5:00pm-5:30pm
7:00pm-7:30pm

Tuesdays

5:00pm-5:30pm
6:30pm-7:00pm

Wednesday

5:00pm-5:30pm
7:00pm-7:30pm

Thursdays

5:30pm-6:00pm

Saturdays

9:30am-10:00am
10:30am-11:00am

PRESCHOOL 4/5

Tuesdays

6:00pm-6:30pm

Thursdays

5:00pm-5:30pm

PRESCHOOL 3

Mondays

5:30pm-6:00pm

Tuesdays

5:00pm-5:30pm

Wednesdays

5:30pm-6:00pm

Thursdays

4:30pm-5:00pm

Saturdays

10:00am-10:30am
11:30am-12:00pm

PARENT AND TOT

MONDAYS
4:30-5:00pm

WEDNESDAYS
5:00-5:30pm

THURSDAYS
5:30-6:00pm

SATURDAYS
9:00-9:30am
12:00-12:30pm

SWIM PATROL (LEVELS 7,8,9)

ROOKIE (Level 7)
RANGER / STAR
(Level 8)/(Level 9)

Wednesdays 4:30pm-5:15pm

Wednesdays 5:15pm-6:00pm

PROGRAM INFORMATION

SESSION DATES

Day	Start	End	Cancellations
Monday	July 6	Aug 24	Aug 3
Tuesday	July 7	Aug 25	None
Wednesday	July 8	Aug 26	None
Thursday	July 9	Aug 27	None
Friday	July 10	Aug 28	None
Saturday	July 11	Aug 29	Aug 1

PROGRAM COST

Group Swim Lessons	8 Weeks	7 Weeks
Member	\$86.00	\$75.25
Non Member	\$92.00	\$80.50
Private Lessons	\$236.00	\$206.50
Swim Patrols	\$92.00	

Please bring your child's previous progress card to the first lesson

ADULT PROGRAMMING

ADULT 1 (BEGINNER)

MONDAYS

5:30pm-6:00pm
7:30pm-8:00pm

TUESDAYS

5:30pm-6:00pm
7:00pm-7:30pm

WEDNESDAYS

5:30pm-6:00pm
7:00pm-7:30pm

THURSDAYS

5:30pm-6:00pm
7:00pm-7:30pm

SATURDAYS

9:30am-10:00am
10:30am-11:00am

ADULT 2 (INTERMEDIATE)

MONDAYS

6:00pm-6:30pm

TUESDAYS

6:00pm-6:30pm

WEDNESDAYS

6:00pm-6:30pm

THURSDAYS

6:00pm-6:30pm

SATURDAYS

11:00am-11:30am

ADULT 3 (ADVANCED)

MONDAYS

6:30pm-7:00pm

WEDNESDAYS

6:30pm-7:00pm

SATURDAY

11:30am-12:00pm