

PRIVATE LESSONS

MONDAYS

4:30pm-5:00pm x4
5:00pm-5:30pm x5
5:30pm-6:00pm x4
6:15pm-6:45pm x4
6:45pm-7:15pm x4
7:15pm-7:45pm x4
7:45pm-8:15pm x7

TUESDAYS

4:30pm-5:00pm x4
5:00pm-5:30pm x4
5:30pm-6:00pm x4
6:00pm-6:30pm x4
6:30pm-7:00pm x4
7:00pm-7:30pm x4
7:30pm-8:99pm

WEDNESDAYS

4:30pm-5:00pm x4
5:00pm-5:30pm x4
5:30pm-6:00pm x4
6:15pm-6:45pm x4
6:45pm-7:15pm x4
7:15pm-7:45pm x4
7:45pm-8:15pm x7

THURSDAYS

4:30pm-5:00pm x4
5:00pm-5:30pm x4
5:30pm-6:00pm x4
6:00pm-6:30pm x4
6:30pm-7:00pm x4
7:00pm-7:30pm x5
7:30pm-8:00pm x8

SATURDAYS

9:00am-9:30am x5
9:30am-10:00am x5
10:00am-10:30am x5
10:30am-11:00am x5
11:15am-11:45am x5
11:45am-12:15pm x5
12:15pm-12:45pm x5
12:45pm-1:15pm x8

ADAPTED LESSONS

Adapted lessons will be running Friday evenings from 4:30-7:00PM. There is a maximum of 5 children per timeslot. To register, visit bgcdurham.com/register on June 9th to secure your spot. \$150

AQUATIC LEADERSHIP



Jr Lifeguard

Tuesdays 6:45pm-7:45pm
Must have passed Level 5

Bronze Star \$128

Mondays 7:00pm-8:00pm
Wednesdays 7:00pm-8:00pm
Saturdays 12:15pm-1:15pm

Bronze Medallion \$195

Tuesdays 4:30pm-7:30pm
Saturdays 9:00am-12:00pm

Bronze Cross \$241

Tuesdays 4:30pm-8:30pm
Saturdays 9:00am-12:00pm

Assistant Instructor \$150

NEW

July 11, 2025 5:00pm-9:00pm
July 12, 2025 9:00am-4:00pm
July 13, 2025 9:00am-4:00pm

Swim Instructor \$256

August 22, 2025 5:00pm-9:30pm
August 23, 2025 9:00am-5:00pm
August 24, 2025 9:00am-5:00pm

National Lifeguard \$304

Thursdays 4:30pm-9:30pm

Fitness Swim \$88

Thursdays
6:00pm-6:45pm

National Lifeguard Recert \$85

Thursday August 21
5:00pm-9:00pm



REGISTER AT

WWW.BGCDURHAM.COM/REGISTER

Registration Opens June 9 at 9am.



433 EULALIE AVE, OSHAWA L1H 2C6
(905) 728-5121



(AGES 6-12)

LEVEL 1

Mondays
6:15pm-6:45pm
6:45pm-7:15pm

Tuesdays
4:30pm-5:00pm
5:30pm-6:00pm
6:30pm-7:00pm

Wednesdays
5:00pm-5:30pm
6:15pm-6:45pm
7:15pm-7:45pm

Thursdays
4:30pm-5:00pm
6:00pm-6:30pm
7:00pm-7:30pm

Saturdays
9:00am-9:30am
10:00am-10:30am
11:15am-11:45am
12:15pm-12:45pm

LEVEL 4

Mondays
4:30pm-5:15pm

Tuesdays
4:30pm-5:15pm

Wednesdays
6:15pm-7:00pm

Thursdays
6:45pm-7:30pm

Saturdays
10:30am-11:15am

LEVEL 2

Mondays
5:00pm-5:30pm
7:15pm-7:45pm

Tuesdays
5:00pm-5:30pm
6:30pm-7:00pm

Wednesday
4:30pm-5:00pm
5:30pm-6:00pm
6:45pm-7:15pm

Thursdays
5:00pm-5:30pm
6:30pm-7:00pm

Saturdays
9:30am-10:00am
11:45am-12:15pm

LEVEL 5

Mondays
6:15pm-7:00pm

Tuesdays
5:15pm-6:00pm

Thursdays
4:30pm-5:15pm

Saturdays
9:00am-9:45am

LEVEL 3

Mondays
5:30pm-6:00pm
7:15pm-7:45pm

Tuesdays
4:30pm-5:00pm
6:00pm-6:30pm
7:00pm-7:30pm

Wednesdays
4:30pm-5:00pm
7:15pm-7:45pm

Thursdays
4:30pm-5:00pm
6:00pm-6:30pm

Saturdays
10:00am-10:30am

LEVEL 6

Mondays
5:15pm-6:00pm

Tuesdays
6:00pm-6:45pm

Thursdays
5:15pm-6:00pm

Saturdays
9:45am-10:30am

SWIM PRESCHOOL (AGES 3-5)

PRESCHOOL 1

Mondays
4:30pm-5:00pm
6:45pm-7:15pm

Tuesdays
4:30pm-5:00pm
5:30pm-6:00pm

Wednesdays
5:00pm-5:30pm
6:45pm-7:15pm

Thursdays
5:00pm-5:30pm
6:30pm-7:00pm

Saturdays
9:00am-9:30am
10:30am-11:00am

PRESCHOOL 4

Mondays
6:15pm-6:45pm

Wednesdays
6:15pm-6:45pm

Saturdays
11:15am-11:45am

PRESCHOOL 2

Mondays
5:00pm-5:30pm

Tuesdays
5:00pm-5:30pm
6:30pm-7:00pm

Wednesday
5:00pm-5:30pm

Thursdays
4:30pm-5:00pm
6:30pm-7:00pm

Saturdays
9:30am-10:00am
10:30am-11:00am

PRESCHOOL 4/5

Tuesdays
6:00pm-6:30pm

Thursdays
5:00pm-5:30pm

PRESCHOOL 3

Mondays
5:30pm-6:00pm

Tuesdays
5:00pm-5:30pm

Wednesdays
5:30pm-6:00pm

Thursdays
5:30pm-6:00pm

Saturdays
10:00am-10:30am
11:45am-12:15pm

PARENT AND TOT

MONDAYS 4:30-5:00pm	WEDNESDAYS 4:30-5:00pm	THURSDAYS 5:30-6:00pm	SATURDAYS 9:00-9:30am 12:15-12:45pm
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SWIM PATROL (LEVELS 7,8,9)

ROOKIE (Level 7) Wednesdays 4:30pm-5:15pm

RANGER /STAR (Level 8)/(Level 9) Wednesdays 5:15pm-6:00pm

PROGRAM INFORMATION

SESSION DATES

Day	Start	End	Cancellations
Monday	July 7	Aug 18	August 4
Tuesday	July 8	Aug 19	None
Wednesday	July 2	Aug 20	None
Thursday	July 3	Aug 21	None
Friday	July 4	Aug 22	None
Saturday	July 5	Aug 23	August 3
Sunday	July 6	Aug 24	August 2

PROGRAM COST

Group Swim Lessons	8 Weeks	7 Weeks	6 Weeks
Member	\$80.00	\$70.00	\$60.00
Non Member	\$86.00	\$75.25	\$64.50
Private Lessons	\$225.20	\$197.05	\$168.90
Swim Patrols	\$88.00	\$77.00	\$66.00

Please bring your child's previous progress card to the first lesson

ADULT PROGRAMMING

ADULT 1 (BEGINNER)

MONDAYS
5:30pm-6:00pm
7:15pm-7:45pm

TUESDAYS
5:30pm-6:00pm
7:00pm-7:30pm

WEDNESDAYS
5:30pm-6:00pm
7:15pm-7:45pm

THURSDAYS
5:30pm-6:00pm
7:00pm-7:30pm

SATURDAYS
9:30am-10:00am
10:30am-11:00am

ADULT 2 (INTERMEDIATE)

MONDAYS
6:15pm-6:45pm

TUESDAYS
6:00pm-6:30pm

WEDNESDAYS
6:15pm-6:45pm

THURSDAYS
6:00pm-6:30pm

SATURDAYS
11:15am-11:45am

Adult 3 (Advanced)

MONDAYS
6:45pm-7:15pm

WEDNESDAYS
6:45pm-7:15pm

SATURDAY
11:45am-12:15pm
12:15pm-12:45pm