

**FALL 2019  
AQUATIC BROCHURE**

*Registration Starts  
Tuesday August 20th, 2019*

**Register online:  
www.bgcdurham.com**



**Eastview Unit**  
433 Eulalie Ave, Oshawa L1H 2C6  
905-728-5121 ext. 228

**Swim Kids  
(Ages: 5-12 years old)**

**Swim Kids 1**

Monday	5:30pm*
Tuesday	5:30pm
Wednesday	5:00pm
Thursday	6:00pm

**Swim Kids 2**

Monday	5:30pm*
Tuesday	6:00pm
Thursday	5:30pm
Saturday	9:30am *

**Swim Kids 3**

Monday	6:30pm
Tuesday	6:30pm
Thursday	5:00pm
Saturday	9:30am *

**Swim Kids 4**

Monday	6:30pm
Tuesday	6:30pm
Wednesday	6:00pm
Thursday	5:00pm

**Swim Kids 5/6**

Monday	5:30pm
Tuesday	6:15pm
Thursday	5:00pm
Saturday	9:30am

**Swim Kids 7/8**

Tuesday	5:30pm
Wednesday	5:45pm
Sunday	10:45am

**Swim Kids 9/10**

Monday	6:15pm
Sunday	10:00am

**Private / Semi-Private Swim Lessons**

Monday	5:30pmx2 6:00pm 6:30pm
Tuesday	4:00pm x2 5:00pm 5:30pm x2 6:30pm
Wednesday	5:00pm 5:30pm 6:00pm
Thursday	5:00pm 6:00pmx2
Saturday	10:00am x3 10:30am 11:00am x2 11:15am 11:30amx2 11:45am 12:00pm x3
Sunday	10:00am 10:30am 11:00am 11:30am x2

**Standard First Aid & CPR-C Courses  
(Cost \$90)**

- Aug. 28/29 (9am — 5pm Wed/Thurs)
- Sept. 21/22 (9am—5pm Sat/Sun)
- Nov. 9/10 (9am—5pm Sat/Sun)

**Fall 2019 Aquatic Information**

**Session Dates:**

Day:	Start	End	Cancellations
Monday	Sept 30	Dec 9	Oct 14 (10 weeks)
Tuesday	Oct 1	Dec 3	(10 weeks)
Wednesday	Oct 2	Dec 4	(10 weeks)
Thursday	Oct 3	Dec 5	(10 weeks)
Saturday	Sept 28	Dec 7	Oct 12 (10 weeks)
Sunday	Sept 29	Dec 8	Oct 13 (10 weeks)

**Program Costs:**

**Group Swim Lessons:** \$88.00

**Club Members:** \$82.00

**Members only Lessons:** \$50.00

**Private Lessons:** \$250.00

**Semi-Private Lessons:** \$165

**Adapted Aquatics:** \$112.50

Adapted Aquatics

Program Sponsored by:



**Facility Rentals:**

*Book your birthday party or special event with the Boys & Girls Club. We have a pool, gym, rock climbing wall and games room to choose from!*

**NOTE: \* Asterisk indicates class is combined with another level**

## Swim Preschool (Ages: 3-5 years old)

### Parent & Tot (Ages 4—36 months)

Saturday	9:30am
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### Sea Otter

Monday	6:00pm
Tuesday	5:00pm
Thursday	5:30pm
Saturday	10:30am*

### Salamander

Monday	6:00pm
Tuesday	6:00pm
Wednesday	6:00pm
Thursday	5:30pm
Saturday	10:30am*

### Sunfish

Wednesday	5:30pm*
Thursday	6:00pm
Saturday	10:30am*

### Crocodile

Saturday	10:30am*
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Please Bring your child's previous progress card to the **1st lesson** so that the instructor can focus on incomplete items.

## Aquatic Leadership (Ages: 10 years old plus)

### Canadian Swim Patrol (Cost: \$75)

*Pre-Requisite: Minimum 10 years old + Completed Swim Kids 7*

**Date:** Wed. Oct 2—Dec 4 2019; 5:00—5:45pm

### Bronze Star (Cost: \$75)

*Pre-Requisite: Minimum 12 years old + Completed Swim Kids 10*

**Date:** Sat. Sept 28—Dec. 7 2019, 11:00-12:00pm

**No class Oct. 12, 2019**

### Bronze Medallion & Emergency First Aid

**(Cost: \$175)**

*Pre-Requisite: 13 years old OR Completed Bronze Star*

**Date:** Sun. Sept 29—Dec 8 2019 9:00am-12:00pm

**No class Oct. 13, 2019**

### Bronze Cross & Standard First Aid

**(Cost: \$230)**

*Pre-Requisite: Completed Bronze Medallion*

**Date:** Sun. Sept 29—Dec 8 2019 8:15am-12:00pm

**No class Oct. 13, 2019**

### Water Safety Instructor Course (Cost:

**\$300)**

*Pre-Requisite: 15 years old, Swim Kids 10 &*

*Bronze Cross*

**Skills Evaluation:** Sun. Sept. 29, 12-3:00pm &

Sun. Nov. 3 12-3:00pm

**Course Date:** Nov 29-Dec 1, Fri 5-10pm, Sat/Sun 9-6pm

*\*Candidates must successfully complete Skills Evaluation and the online component prior to Course. Volunteer teaching to also be done in between \**

## Adult Aquatic Programming

### Aqua Fitness Classes

\$70 for 10 classes of your choice!

You can still pay-as-you-go for \$7.50/class

### Times:

Mondays 9:00am & 7:15pm

Wednesdays 9:00am & 10:00am

Saturday 8:30am

### Adult Private Lessons

Adults interested in learning to swim or improve their skills are encouraged to contact the Aquatic Director for available times and further details.

## Adapted Aquatic Lessons

These programs are specifically designed for children and youth with special needs, incorporating an adapted approach to swimming lessons based on your child's individual needs and requirements.

ADAPTED AQUATICS PROGRAM SPONSORED BY:



Tuesday	4:30pm x3 5:00pm 6:00pm
Wednesday	5:00pm 5:30pm
Saturday	11:00am

## General Club Information



### After School Program

Monday to Friday, 3:00-6:00 p.m.  
Includes snack, homework club, arts and crafts, games, gym. Programs run from many locations in the Durham Region. Check website for locations & more details.

### Holiday & PA Day Camps

Check front desk for details & schedule

### Mission Statement:

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

Please See our website for more information!

[www.bgcdurham.com](http://www.bgcdurham.com)

