

**SPRING 2019
AQUATIC BROCHURE**

*Registration Starts
Tuesday March 5th, 2019*

**Register online:
www.bgcdurham.com**



Eastview Unit
433 Eulalie Ave, Oshawa L1H 2C6
905-728-5121 ext. 228

**Swim Kids
(Ages: 5-12 years old)**

Swim Kids 1

Monday	5:30pm*
Tuesday	6:30pm
Wednesday	5:30pm
Thursday	5:30pm
Sunday	10:00am

Swim Kids 2

Monday	5:30pm*
Tuesday	5:00pm
Wednesday	5:30pm
Thursday	5:00pm
Saturday	9:30am *
Sunday	10:30am

Swim Kids 3

Monday	6:30pm
Tuesday	6:00pm
Wednesday	6:00pm
Thursday	5:00pm
Saturday	9:30am *

Swim Kids 4

Monday	6:30pm
Tuesday	6:30pm
Wednesday	6:00pm
Thursday	5:00pm
Sunday	11:30am

Swim Kids 5/6

Monday	5:30pm
Tuesday	5:45pm
Thursday	5:00pm
Saturday	9:30am

Swim Kids 7/8

Tuesday	5:00pm
Wednesday	5:45pm
Sunday	10:45am

Swim Kids 9/10

Monday	6:15pm
Thursday	5:45pm
Sunday	10:00am

Private / Semi-Private Swim Lessons

Monday	5:30pmx2 6:30pm
Tuesday	5:30pm x3 6:00pm 6:30pm x2
Wednesday	5:00pm 5:30pm 6:00pm
Thursday	5:00pm 6:00pmx2
Saturday	9:30am 10:00am x3 10:30am 11:00am 11:15am 11:30amx2 11:45am 12:00pm x3
Sunday	10:00am 10:30am 11:00am 11:30am

**Standard First Aid & CPR-C Courses
(Cost \$90)**

- April 13/14 (9am — 5pm Sat/Sun)
- June 8/9 (9am—5pm Sat/Sun)

Spring 2019 Aquatic Information

Session Dates:

Day:	Start	End	Cancellations
Monday	April 8	June 10	April 22 & May 20 (8 weeks)
Tuesday	April 9	June 4	(9 weeks)
Wednesday	April 10	June 5	(9 weeks)
Thursday	April 11	June 6	(9 weeks)
Saturday	April 6	June 8	April 20 & May 18 (8 weeks)
Sunday	April 7	June 9	April 21 & May 19 (8 weeks)

Program Costs:

- Group Swim Lessons:** \$70.40 (8wks) / \$79.20 (9wks)
- Club Members:** \$65.60 (8 wks) / \$73.80 (9wks)
- Private Lessons:** \$200(8wks)/ \$225(9wks)
- Semi-Private Lessons:** \$132.80 (8wks) / \$148.50 (9wks)
- Adapted Aquatics:** \$180(8wks) / \$202.50 (9wks)

Facility Rentals:

Book your birthday party or special event with the Boys & Girls Club. We have a pool, gym, rock climbing wall and games room to choose from!

NOTE: * Asterisk indicates class is combined with another level

Swim Preschool (Ages: 3-5 years old)

Parent & Tot (Ages 4—36 months)

Saturday	9:30am
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Sea Otter

Monday	6:00pm
Thursday	5:30pm
Saturday	10:30am

Salamander

Monday	6:00pm
Wednesday	5:00pm*
Thursday	5:30pm
Saturday	10:30am*

Sunfish

Wednesday	5:00pm*
Thursday	6:00pm
Saturday	10:30am*

RED CROSS SWIM SPORTS! (Cost: \$100)

Participate in Aquatic Activities such as Underwater Hockey, Water Polo, Synchro and many more!

Pre-Requisite: Minimum 9 years old + Completed Swim Kids 5

Date/Time: Sunday—11:00am-Noon

Please Bring your child's previous progress card to the **1st lesson** so that the instructor can focus on incomplete items.

Aquatic Leadership (Ages: 10 years old plus)

Canadian Swim Patrol (Cost: \$100)

Pre-Requisite: Minimum 10 years old + Completed Swim Kids 7

Date: Wednesday Apr 10—Jun 5 2019, 5pm—5:45pm

Bronze Star (Cost: \$100)

Pre-Requisite: Minimum 12 years old + Completed Swim Kids 10

Date: Saturday Apr 6—Jun 8 2019, 11am-12pm

No class April 20 or May 18

Bronze Medallion & Emergency First Aid (Cost: \$175)

Pre-Requisite: 13 years old OR Completed Bronze Star

Date: Sundays Mar 31—Jun 16 2019 9:00am-12:00pm

No class April 20 or May 18

Bronze Cross & Standard First Aid (Cost: \$230)

Pre-Requisite: Completed Bronze Medallion

Date: Sundays Mar 31—Jun 16 2019 9:00am-12:00pm

No class April 20 or May 18

Lifesaving Instructor Course (Cost: \$250)

Pre-Requisite: 16 years old, Bronze Cross

Course Info: This course will prepare candidates to teach the Canadian Swim Patrol program, Bronze Star, Medallion and Cross as well as how to teach Emergency First Aid.

Course Dates:

June 14-16 2019, Fri 5-10pm, Sat/Sun 9-6pm

Adult Aquatic Programming

Aqua Fitness Classes

\$70 for 10 classes of your choice!

You can still pay-as-you-go for \$7.50/class

Times:

Mondays 9:00am & 7:15pm

Wednesdays 9:00am & 10:00am

Saturday 8:30am

Adult Private Lessons

Adults interested in learning to swim or improve their skills are encouraged to contact the Aquatic Director for available times and further details.

Adapted Aquatic Lessons

These programs are specifically designed for children and youth with special needs, incorporating an adapted approach to swimming lessons based on your child's individual needs and requirements.

Monday	6:00pm
Tuesday	4:00pm x2 4:30pm x1 6:00pm
Wednesday	5:00pm
Saturday	11:00am

General Club Information



After School Program

Monday to Friday, 3:00-6:00 p.m.
Includes snack, homework club, arts and crafts, games, gym. Programs run from many locations in the Durham Region. Check website for locations & more details.

Holiday & PA Day Camps

Check front desk for details & schedule

Mission Statement:

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life

Please See our website for more information!

www.bgcdurham.com

